



Pregnancy Help Australia Limited

## Fact Sheet

### *Questions to ask BEFORE you have an abortion*

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If you have decided, after reading all of the information and exploring all your alternatives, to choose abortion, it is very important that you feel in control of this process.

#### **Some questions to ask yourself...**

- Is this MY decision or am I feeling pressured in any way by any other person or circumstance?
- Have I explored all other options, including adoption or raising my child?
- Have I considered how I will feel about this decision in the future .... in 1 month, 9 months, years from now?
- How will I feel if I can't fall pregnant in future after I have an abortion?

Have you seen all the fact sheets we have available on our website?

- If you are pregnant
- Options worksheet
- Abortion facts
- Foetal development
- Adoption.

#### **Some questions to ask your abortion provider before making your appointment**

- What is the name of the doctor who will be performing my abortion?
- Does the doctor have admitting rights to my local hospital in case of complications?

- Do you provide independent counselling so I can discuss my options?
- Does this counselling cost money? If so how much?
- Do I have to pay any money up front before my counselling? If so how much?
- Can I change my mind at any time and get a full refund of any money paid?
- Will you provide an ultrasound?
- Does this cost extra?
- Will I be allowed to view the ultrasound if I choose to?
- Will you give me written information about any possible physical or emotional after effects of abortion?
- Will you be testing me for STIs before an abortion procedure if performed?

*If you are uncomfortable with any of their answers, you do not have to make the appointment.*

*Check back to our website*

*[www.pregnancyhelpsydney.com](http://www.pregnancyhelpsydney.com) for details about your nearest pregnancy support service to discuss your options. You do not have to make a hasty decision. We're here to help you.*